



NEWS RELEASE

City of Aventura
19200 West Country Club Drive
Aventura, Florida 33180

FOR IMMEDIATE RELEASE

Date: 12/2/2016
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The City of Aventura Extends its Yoga Class Schedule at Founders Park

Aventura, Florida ...

After a successful trial offering complimentary yoga classes at Founders Park, the City of Aventura is extending the schedule and will be offering four (4) additional free yoga classes on the following dates and times:

- Friday: January 13, 2017 9:00 AM
- Friday: January 27, 2017 9:00 AM
- Friday: February 10, 2017 9:00 AM
- Friday: February 24, 2017 9:00 AM

Registration is not required, and classes are open to everyone of all levels. Residents are encouraged to obtain a park ID prior to attending class in order to expedite access to the park. Non-residents will be required to pay the park entrance fee (\$5 per adult and \$3 per child under the age of 18, as long as they are accompanied by an adult) upon arrival to Founders Park. All first time visitors will be required to fill out a waiver of liability upon entering the park for class. Founders Park is located at 3105 NE 190 Street.

Yoga mats will be provided if necessary, but students may bring their own mat, a small towel and water for convenience. Please plan to be in class for approximately one hour.

For more information please visit cityofaventura.com, or contact Founders Park at 305-466-8556.

Eric M. Soroka
City Manager