



# NEWS RELEASE

## City of Aventura

19200 West Country Club Drive  
Aventura, Florida 33180

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### FOR IMMEDIATE RELEASE

**Date:** 10/18/2018  
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### The City of Aventura Announces a Complimentary Youth Martial Arts Class at Founders Park

#### Aventura, Florida ...

The City of Aventura will be offering a trial complimentary martial arts class for children ages 5-14 at Founders Park on Saturday, November 3, 2018 at 4:00 p.m. Led by certified martial arts instructors, children of all levels can expect to enjoy an afternoon learning about respect, defense, anti-bullying, and life-skills along with a cardio workout. Class will be in session for approximately one hour.

Registration is not required. Residents are encouraged to obtain a park ID prior to attending class in order to expedite access to the park. Non-residents will be required to pay the park entrance fee (\$5 per adult and \$3 per child under the age of 18, as long as they are accompanied by an adult) upon arrival to Founders Park. All first time visitors will be required to fill out a waiver of liability upon entering the park for class.

Participants should bring a small towel and water for convenience.

Founders Park is located at 3105 NE 190 Street.

For more information please visit [cityofaventura.com](http://cityofaventura.com), or contact Founders Park at 305-466-0183.

*Joanne Carr*  
Interim City Manager